



Why should I get Acupuncture?

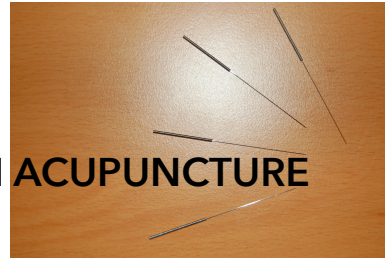
- To promote health and well-being
- To treat aches and pains
- To aid in musculoskeletal health

What can I expect at my visit?

- First visit will last at least 45 minutes
- At least a 15-30 minute acupuncture treatment
- Based on your symptoms, a customized treatment plan will be created
- Follow-up visits will last approximately 30 minutes



GET QI ACUPUNCTURE



Medical Acupuncture Appointment...

Date: _____/_____/_____

Check-in Time: _____

Location: _____

Orthopedic Institute of Pennsylvania
99 November Drive
Camp Hill, PA 17011
Main: 717-761-5530
Toll-Free: 800-834-4020
Fax: 717-737-7197

Orthopedic Institute of Pennsylvania
32 Northeast Drive, Suite 201
Hershey, PA 17033
Main: 717-761-5530
Toll-Free: 800-834-4020
Fax: 717-737-7197

3-2017



Orthopedic Institute
of Pennsylvania

Where you come first for exceptional care.

Interventional Pain Management Care Center

Medical Acupuncture

Physician:

David P. Frank, M.D.



What is Acupuncture?

Acupuncture is an ancient method of encouraging the body to use its own natural energy to promote self healing.

This energy or “Qi” is encouraged by placing extremely thin, sterile, single-use Acupuncture needles at specific points throughout the body. Where to place the needles is based both on the science and art of Acupuncture. Needles are placed to encourage the flow of energy along meridians. These energy flow circuits or meridians have been determined over thousands of years.

Does Acupuncture work?

Acupuncture is one of the most highly researched “alternative” medical techniques. It is currently recommended by the National Institute of Health and the World Health Organization for many medical conditions. Acupuncture has been actively practiced for thousands of years. If it was not effective it surely would have disappeared many years ago. Acupuncture is also done by many veterinarians on animals. There is no placebo affect in animals.



David P. Frank, M.D.

Graduated Medical School	1987
Completed Family Medicine Residency	1990
Chief Resident	1989-1990
Board Certified Family Medicine	1990
Re-certified	1996, 2003
Sports Medicine Fellowship	2003
Harvard Mind Body Institute	2001
Medical Acupuncture Training	2005-2006



Why medical acupuncture?

There are many schools of Acupuncture. Medical Acupuncture is based on the most ancient traditions of Acupuncture. Medical Acupuncture is only performed by licensed medical doctors (MD) who have completed extensive and rigorous Acupuncture training.

