

ICD-10 CODES | HAND, WRIST, AND ELBOW

1. Arthritis

- a. See general description of types
- b. State which joint involved specifically
- c. Remember the descriptors of arthritis:
 - i. “Basilar joint arthritis” becomes “primary bilateral osteoarthritis of first carpometacarpal joint.”

2. General Descriptors

- a. Swelling:
 - i. Effusion
 - ii. Hemarthrosis
- b. Pain

3. Deformities

- a. Mallet finger
- b. Boutonniere Deformity
- c. Swan-Neck Deformity
- d. Clawhand
- e. Clubhand
- f. Other

4. Ligament Disorders and Instability

- a. “of hand” or “of fingers”

5. Contractures and Atrophy

- a. “of hand” or “of fingers”
- b. Muscles or joints

6. Tendon Disorders

- a. Trigger finger
- b. Rupture non-traumatic
 - i. Flexor tendons versus extensor tendons versus intrinsic tendons
 1. Forearm
 2. Hand
 3. Finger
- c. Infection:
 - i. Infectious tenosynovitis or abscess of tendon sheath

7. Trauma

- a. Superficial Injuries
 - i. Contusion. Abrasion, Open wounds, laceration, puncture wound, bite, etc
 1. Forearm

2. Hand
3. Finger:
 - a. With or without damage to nail
- b. Sprains and Instability
 - i. Elbow
 1. Sprain
 - a. Radial Collateral Ligament
 - b. Ulnar Collateral Ligament
 2. Subluxation or Dislocation or Ulnar humeral joint
 - a. Anterior, Posterior, Medial, Lateral, Other
 3. Traumatic Rupture
 - a. Radial Collateral Ligament
 - b. Ulnar Collateral Ligament
 - ii. Wrist and Hand
 1. Sprain of wrist or hand
 2. Subluxation or dislocation of:
 - a. Distal Radioulnar joints
 - b. Radiocarpal joint
 - c. Ulnocarpal joint
 - d. Midcarpal joint
 3. Traumatic Rupture
 - a. Collateral ligament
 - b. Radiocarpal ligament
 - c. Ulnocarpal ligament
 - d. other
 - iii. Fingers
 1. Subluxation or dislocation of:
 - a. Carpometacarpal joint
 - b. Interphalangeal joint
 2. Traumatic Rupture
 - a. Collateral ligament or palmar ligament at
- c. "Injuries," lacerations, strains (ruptures)
 - i. Describe location of injury: forearm, hand, finger
 - ii. Describe the specific tendon (artery, nerve) lacerated, ruptured, or injured and then call it "flexor" or "Extensor" tendon
- d. Crushing injury
 - i. Forearm, wrist, wrist and hand, hand, and finger or thumb
- e. Traumatic Amputation
 - i. Describe level precisely.
- f. Fractures
 - i. Carpus: Describe which bone fractured
 - ii. Use Eponyms when possible, e.g. Rolando's, Bennett's fractures
 - iii. Describe fractures in the usual way