

ICD 10 CODES | KNEE

1. Arthritis

- a. See Arthritis General

2. Soft Tissue Disorders

- a. Contusion
- b. Effusion
- c. Hemarthrosis
- d. Pain
- e. Stiffness, Contracture, Ankylosis
- f. Plica Syndrome
- g. Fat Pad Hypertrophy (previously Hoffa's syndrome)
- h. Loose body

3. Cartilage Disorders

- a. Chondromalacia
- b. Meniscus
 - i. Old Injury or Tear;
 - 1. Anterior Horn
 - 2. Posterior Horn
 - 3. Bucket Handle
 - 4. Degenerative
 - 5. Cystic
 - ii. New Injury or Tear
 - 1. Peripheral
 - 2. Complex
 - 3. Bucket handle
 - 4. Other

4. Ligament Disorders

- a. Chronic Instability
 - i. Spontaneous disruption of ACL
 - ii. Spontaneous disruption of PCL
 - iii. Spontaneous disruption of MCL
 - iv. Spontaneous disruption of LCL
 - v. Spontaneous disruption of Capsular Ligaments of knee
- b. Acute Instability
 - i. "Sprain" of ACL, PCL, MCL, LCL superior Tib-Fib ligaments
 - ii. Recommend say "Acute sprain and tear of the ACL."
- c. Knee Dislocations:
 - i. Anterior, Posterior, Medial, Lateral Dislocation of "proximal end of tibia"

5. Patellar Disorders

- a. Patellofemoral Disorders (Patellofemoral syndrome)
- b. Chondromalacia Patella
- c. Instability:

- i. Chronic: Recurrent subluxation or dislocation
 - ii. Acute:
 - 1. Lateral subluxation or dislocation
 - 2. Other subluxation or dislocation
- d. Fractures of Patella
 - i. Osteochondral
 - ii. Longitudinal
 - iii. Transverse
 - iv. Comminuted
 - v. Other

6. Deformities

- a. Genu Varum
- b. Genu Valgus
- c. Flexion deformity

7. Bone Disorders

- a. Osteonecrosis
 - i. Idiopathic
 - ii. Due to Drugs
 - iii. Due to previous trauma
 - iv. Secondary to other causes
- b. Osteochondritis Dissecans of Knee